

People's Pharmacy

Back-to-School Supplies Checklist

Backpack? Check. Lunch box? Check. Safety scissors? Er... The basics to buy your young scholar, from preschool to high school.

Preschool

- 1 Art Smock
- Change of Clothes
- 2 Freezer Paks for lunchboxes
- 1 Lunch Bag / Box
- Packaged hand wipes
- Plastic Crayon Keeper or Box
- Plastic drink container
- Pocket tissue packs
- Small umbrella

Elementary School

- 1 Art Smock
- 1 Backpack
- Washable Crayons & Markers
- Glue
- Eraser
- Pencils & Pencil Sharpener
- Folders
- Safety Scissors
- Lunch box / bag
- 2 Freezer Paks for lunchboxes
- Packaged hand wipes
- Plastic drink container
- Pocket tissue packs
- Small umbrella / Raincoat

Middle School

- Agenda or Planner
- Backpack
- Binder & Dividers
- Compass
- Folders
- Highlighters
- Pencils & Pens
- Protractor, Ruler, Mini Stapler
- Spiral Notebooks
- Zip / USB Drive

High School

- Agenda or Planner
- Backpack
- Binder & Dividers
- Folders
- Highlighters
- Pencils & Pens
- Protractor, Ruler, Mini Stapler
- Spiral Notebooks
- Loose leaf paper
- Graph Paper
- Calculator

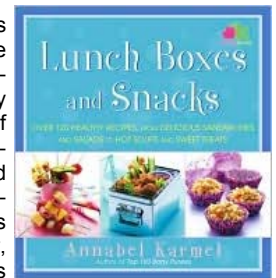


People's Book Corner

Lunch Boxes and Snacks: Over 120 Healthy Recipes, from Delicious Sandwiches and Salads to Hot Soups and Sweet Treats

Packing your child's lunch box doesn't have to mean another peanut butter and jelly sandwich and a bag of chips. Renowned children's cooking and nutrition expert Annabel Karmel shares more than 120 healthy, creative recipe ideas as well as time-saving hints and tips that will help you make a complete and nutritious lunch without increasing the chaos of your morning routine.

Lunch Boxes and Snacks is packed with mouthwatering recipes that can boost your child's brainpower, increase energy, and strengthen the immune system. You'll find a wide range of delicious and easy lunch ideas, from Oriental Turkey Wraps, Individual Focaccia Pizzas, and Chicken Superfood Salad to Trail Mix Bars and Fruit on a Stick, that guarantee that your child will be the envy of the cafeteria.



First Day Blues

It's school time again! You're probably feeling excited and maybe a little sad that summer is over. Some kids feel nervous or a little scared on the first day of school because of all the new things: new teachers, new friends, and maybe even a new school. Luckily, these "new" worries only stick around for a little while. Here are two of great books to help ease your child's mind about their first day.

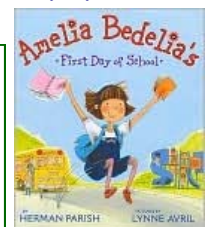


Junie B. First Grader (at Last)

It's a new school year, and everything is different. Junie B. Jones has a new class, a new teacher, and even some new friends. She also has a new problem—she might need to get glasses! Will Junie B. manage to convince her parents that her eyes are just fine the way they are? How important could that blurry stuff on the chalkboard be, anyway?

Amelia Bedelia's First Day of School

Amelia Bedelia is sure she will love everything about the first day of school. New friends; A new teacher; Her own desk; Music, books, gym, art; Recess and lunch. Amelia Bedelia can't wait. What could be better? School! School! Hooray for school!





Family Game Night

The top reason to have a family game night is to have fun! However, whether enjoying a family-favorite game or discovering a potential new favorite, playing board games as a family provides other benefits too, including:

Laughter: Games offer a fresh experience every time you play, providing new ways to have fun and laugh together. Some games, such as CRANIUM and OPERATION, are developed with giggles in mind and would be a great choice on nights when everyone needs a good laugh.

Family Bonding: Game play allows your kids to learn from you and from each other. It encourages a sense of connectedness and respect among family members.

Learning: Games can be a subtle learning tool. For instance, CLUE is good for learning deductive reasoning. MONOPOLY is ideal for teaching beginning budget skills and YAHTZEE provides a fun way to teach simple addition and multiplication.

Life Skills: Games teach kids important life skills such as patience, concentration, teamwork and perseverance. By taking turns, following rules and even losing a game, kids learn skills that they can apply at school and in the home.



Thermos



Jansport

Store Hours:
Monday—Saturday: 8:00am—8:30 pm
Sunday : 10:00 am—6:00 pm

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